



# The Short of It

## PPOACCC Quarterly Newsletter

Volume 3, Issue 4

December 2012

### Check it out!

- ▶ Changes to your Retirement?
- ▶ Picnic Memories
- ▶ *This and That*
- ▶ Long-term Disability Benefits

### Mark your calendar!

- ✓ Membership Meeting  
February 6, 2013  
@ the DSA Hall

### Questions or Concerns?

#### Executive Board

**John Ebrahimi**-  
President  
**Michelle Keith**-  
VP Probation Officers  
**Cassandra Latula**-  
VP Probation  
Counselors  
**Mike Schroer**-  
Treasurer  
**Rich Berkery**-  
Secretary

#### Shop Stewards

**Andrea Pulos**-East  
**Miguel Chavez**-West  
**Chad Cardoza**-Central  
**Doug Kovacich**-  
Juvenile Hall  
**John Zamora**-  
OAYRF

#### Goyette and Assoc. Representative

**Tim Cantillon**  
707-312-1721

[www.ppoaccc.org](http://www.ppoaccc.org)

### Your Retirement Benefits

The AB 197 state legislature will end the inclusion of terminal pay in the final calculation for retirement. We will no longer be able to calculate up to a years' worth of earned vacation into our retirement. On November 28, 2012, the Superior Court in Contra Costa County ordered a stay on implementation of AB 197 in this county. The stay is effective for 60 days.

In the meantime, the PPOACCC filed an injunction to stop these changes from taking effect. Our attorneys, along with many of the 15 other bargaining units in Contra Costa County, will be participating in a lawsuit against the CCC Retirement Board for, what we feel, is an incorrect application of the law. The PPOACCC is confident our vested rights will be preserved.

The good news and the bad news: The good news is, with the injunction in place employees are not forced to make a hasty decision in regard to when they need to retire. The PPOACCC will continue to do everything in their power to affect a beneficial outcome for its members, however, (this is the bad news) the final decision is ultimately in the hands of the court. Upon any change to the injunction, or any court rulings, members will be notified via email. If you are not currently receiving association emails, please submit your email address to Rich Berkery so you can stay informed on these important changes.

John Ebrahimi  
PPOACCC President

### This & That

Check out the PPOACCC website for updates, meeting minutes and past issues of *The Short of It* at [www.ppoaccc.org](http://www.ppoaccc.org)!

### General Membership Meeting

February 6, 2013 @ 5:30 pm

DSA Hall, Martinez

Best wishes to **Petrenya Boykins** and **Shirley Osborne** in your retirement!

### Live Long and Prosper

By Mindy Jarrett

Quit smoking. Loose weight. Save money.

Millions try year after year; a New Year's resolution is a change seemingly destined for failure. Not true. Forty-six percent of people who commit to resolutions consider them successful after six months, whereas those who set out to change their ways, and did not associate it with a New Year's Resolution only reported a 4% success rate after six months.

Experts suggest that having a strong desire or motivation, a positive outlook and setting daily goals on the way to achieving your resolution, are key in making your New Year's resolution a success.

This year, I'm not committing to five days a week at the gym, cutting up my credit cards, or organizing all my

important papers. I set a very obtainable, but important goal for myself: sign up for long term disability.

Long term disability benefits are available to all PPOACCC members through the California Law Enforcement Association (CLEA). The plan is offered at only \$24.50 per month! Should you become ill, have an accident, on or off the job, or need time off due to pregnancy, the plan will pay you up to 80% of your wage after a leave of 60 days. It also offers a death benefit to surviving family of plan subscribers. To enroll, all you have to do, is complete a very short application and submit it to Cindy Neiman at the Martinez Office, or payroll manager at your worksite, and your done!

See more information at [www.clea.org](http://www.clea.org), or contact Rich Berkery for an application.